

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

1
 9:15 Chair Yoga & Daily Chronicles
 9:45 September Trivia
 11:00 Catholic Rosary ©
 1:30 Senior Fitness
 2:00 Family Feud
 3:15 Coffee Chat

2
 9:15 Chair Exercise & Daily Chronicles
 9:45 Name That Tune
 11:00 Church Service ©
 1:15 Drive in Movie Matinee ©
 4:00 BINGO

3
 9:15 Balloon Volleyball & Daily Chronicles
 9:45 Cranium Crunchers
 11:00 Bocce Throw
 1:30 Senior Fitness
 2:15 Greif Group ©
 3:00 Card Club
 4:00 Leisure Cart Delivery

4
 Independent Leisure Activities

 2:00 Movie Streamed on Channel 3

5
 9:15 Chair Exercise & Daily Chronicles
 9:45 Brain Games
 11:00 Church Service ©
 1:30 Ladder Golf
 3:00 Card Club
 4:15 Hand Massages



7
 9:15 Chair Exercise & Daily Chronicles
 9:45 Guess The Word
 11:00 Outdoor Strolls
 1:30 Manicures
 2:00 ResoLute Group ©
 3:15 Card Bingo

8
 9:15 Chair Yoga & Daily Chronicles
 9:45 Board Games
 11:00 Catholic Mass ©
 1:30 Senior Fitness
 2:00 Manicures
 4:00 Trivia & Talks

9
 9:15 Chair Exercise & Daily Chronicles
 9:45 Name That Tune
 11:00 Church Service ©
 1:30 Men's Group
 3:00 Mini Academy ©
 4:00 BINGO

10
 9:15 Balloon Volleyball & Daily Chronicles
 9:45 Junk Drawer Detective
 11:00 Bocce Throw
 1:30 Senior Fitness
 2:15 Greif Group ©
 3:00 Card Club
 4:00 Leisure Cart Delivery

11
 Independent Leisure Activities

 2:00 Movie Streamed on Channel 3

12
 9:15 Chair Exercise & Daily Chronicles
 9:45 Brain Games
 11:00 Church Service ©
 12:00 Vikings @ Bengals
 1:30 Horse Shoes
 3:00 Card Club
 4:15 Hand Massages
 Grandparents Day

13
 9:15 Noddle Moves & Daily Chronicles
 9:45 Dice Game
 11:00 Fall Craft Project
 1:30 Senior Fitness
 3:00 Bean Bag Toss
 4:15 Hand Massages

14
 9:15 Chair Exercise & Daily Chronicles
 9:45 Guess The Word
 11:00 Outdoor Strolls
 1:30 Resident Council Meeting
 3:15 Card Bingo

15
 9:15 Chair Yoga & Daily Chronicles
 9:45 Board Games
 11:00 Catholic Rosary ©
 1:30 Senior Fitness
 2:00 Yahtzee
 3:15 Coffee Chat
 Yom Kippur Begins

16
 9:15 Chair Exercise & Daily Chronicles
 9:45 Name That Tune
 11:00 Church Service ©
 1:30 Men's Group
 3:00 Mini Academy ©
 4:00 BINGO

17
 9:15 Balloon Volleyball & Daily Chronicles
 9:45 Cranium Crunchers
 11:00 Bocce Throw
 1:30 Senior Fitness
 2:00 Live Music Entertainment ©
 4:00 Leisure Cart Delivery

18
 Independent Leisure Activities

 2:00 Movie Streamed on Channel 3
 Oktoberfest Begins

19
 9:15 Chair Exercise & Daily Chronicles
 9:45 Brain Games
 11:00 Church Service ©
 1:30 Ladder Golf
 3:05 Vikings @ Cardinals Watch Party
 4:15 Hand Massages

20
 9:15 Noddle Moves & Daily Chronicles
 9:45 Dice Game
 11:00 Bible Study ©
 1:30 Senior Fitness
 3:00 Bean Bag Toss
 4:15 Hand Massages
 Sukkot Begins

21
 9:15 Chair Exercise & Daily Chronicles
 9:45 Guess The Word
 11:00 Outdoor Strolls
 1:30 Manicures
 2:00 ResoLute Group ©
 3:15 Card Bingo

22
 9:15 Chair Yoga & Daily Chronicles
 9:45 Board Games
 11:00 Catholic Mass ©
 1:30 Senior Fitness
 2:00 Manicures
 4:00 Fallin' In Love
 Autumn Begins

23
 9:15 Chair Exercise & Daily Chronicles
 9:45 Do You Hear What I Hear
 11:00 Church Service ©
 1:30 Men's Group
 3:00 Mini Academy ©
 4:00 BINGO

24
 9:15 Balloon Volleyball & Daily Chronicles
 9:45 Cranium Crunchers
 11:00 Bocce Throw
 1:30 Senior Fitness
 2:15 Greif Group ©
 3:00 Card Club
 4:00 Leisure Cart Delivery

25
 Independent Leisure Activities

 2:00 Movie Streamed on Channel 3

26
 9:15 Chair Exercise & Daily Chronicles
 9:45 Brain Games
 11:00 Church Service ©
 1:30 Horse Shoes
 3:25 Vikings vs Seahawks Watch Party
 4:15 Card Club

27
 9:15 Noddle Moves & Daily Chronicles
 9:45 Dice Game
 11:00 Bible Study ©
 1:30 Senior Fitness
 3:00 Bean Bag Toss
 4:15 Hand Massages

28
 9:15 Chair Exercise & Daily Chronicles
 9:45 Guess The Word
 11:00 Outdoor Strolls
 1:30 Manicures
 3:15 Card Bingo
 Simchat Torah Begins

29
 9:15 Chair Yoga & Daily Chronicles
 9:45 Board Games
 11:00 Catholic Rosary ©
 1:30 Senior Fitness
 2:00 Family Feud
 3:15 Coffee & Biscotti

30
 9:15 Chair Exercise & Daily Chronicles
 9:45 Name That Tune
 11:00 Church Service ©
 1:30 Men's Group
 3:00 Mini Academy ©
 4:00 BINGO

Skilled Nursing

Activities Subject to Change
 © Chapel, Church Services Streamed on Chanel 90
 If inclement weather, Activity in Activity Room
 One to One's offered between group activities