

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Chair Exercise 1 10:00 Brain Games 10:45 Christmas Carols 1:00 Devotions 2:30 News Flash & Snack 3:15 Table Games 4:00 Short Stories 6:00 Balloon Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 2 10:00 Christmas Reminiscing 10:45 Manicures DECK THE HALLS 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Musical Movement 3 10:00 Brain Games 10:45 Freshen Up Friday 1:00 Bean Bag Toss 2:30 Baking Club 3:15 Hot Cocoa & Treats 4:00 Bingo 6:00 Indoor Horseshoes 6:30 Movie & Snacks	10:00 Sit N' Stretch 4 11:00 Hand Massages 1:00 Card Club 2:30 News Flash & Snack 3:00 One to Ones 6:00 Balloon Volleyball 7:00 Movie & Snacks
10:00 Sit N' Stretch 5 11:00 Church on Channel 90 12:00 Vikings @ Lions 1:00 Puzzle Packet 2:30 News Flash & Snack 3:00 Card Game 6:00 Tennis Ball Toss 6:30 Movie & Snacks	9:30 Musical Movement 6 10:00 Brain Games 10:45 Hand Massages 1:00 Christmas Word Puzzles 2:30 News Flash & Snack 3:00 Christmas Hymn Sing 3:15 Christmas Bingo 4:00 Short Stories 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 7 10:00 Drumming Circle 10:45 Price is Right Game 1:00 Finish the Phrase 2:30 News Flash & Snack 3:15 Gingerbread Dice Game 4:00 Christmas Coloring 6:00 Bean Bag Toss 6:30 Movie & Snacks	9:30 Chair Exercise 8 10:00 Brain Games 10:45 Christmas Carols 1:00 Devotions with Chaplain 2:30 News Flash & Snack 3:15 Table Games 4:00 Short Stories 6:00 Balloon Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 9 10:00 Christmas Reminiscing 10:45 Manicures 1:00 Jingle Bell Bop 2:30 News Flash & Snack 3:15 Christmas Stocking Craft 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Musical Movement 10 10:00 Brain Games 10:45 Freshen Up Friday 1:00 Bean Bag Toss 2:30 Baking Club 3:15 Hot Cocoa & Treats 4:00 Bingo 6:00 Indoor Horseshoes 6:30 Movie & Snacks	10:00 Sit N' Stretch 11 11:00 Hand Massages 1:00 Card Club 2:30 News Flash & Snack 3:00 One to Ones 6:00 Balloon Volleyball 7:00 Movie & Snacks
10:00 Sit N' Stretch 12 11:00 Church on Channel 90 12:00 Vikings vs Steelers 1:00 Puzzle Packet 2:30 News Flash & Snack 3:00 Card Game 6:00 Tennis Ball Toss 6:30 Movie & Snacks	9:30 Musical Movement 13 10:00 Brain Games 10:45 Hand Massages 1:00 Christmas Word Puzzles 2:30 News Flash & Snack 3:00 Christmas Hymn Sing 3:15 Christmas Bingo 4:00 Short Stories 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 14 10:00 Drumming Circle 10:45 Price is Right Game 1:00 Finish the Phrase 2:30 News Flash & Snack 3:15 Gingerbread Dice Game 4:00 Christmas Coloring 6:00 Bean Bag Toss 6:30 Movie & Snacks	9:30 Chair Exercise 15 10:00 Brain Games 10:45 Christmas Carols 1:00 Devotions with Chaplain 2:30 News Flash & Snack 3:15 Table Games 4:00 Short Stories 6:00 Balloon Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 16 10:00 Christmas Reminiscing 10:45 Manicures 1:00 Jingle Bell Bop 2:30 News Flash & Snack 3:15 Christmas Cookie Decorating 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Musical Movement 17 10:00 Brain Games 10:45 Freshen Up Friday 1:00 Bean Bag Toss 2:30 Baking Club 3:15 Hot Cocoa & Treats 4:00 Bingo 6:00 Indoor Horseshoes 6:30 Movie & Snacks	10:00 Sit N' Stretch 18 11:00 Hand Massages 1:00 Card Club 2:30 News Flash & Snack 3:00 One to Ones 6:00 Balloon Volleyball 7:00 Movie & Snacks
10:00 Sit N' Stretch 19 11:00 Church on Channel 90 1:00 Puzzle Packet 2:30 News Flash & Snack 3:00 Card Game 6:00 Tennis Ball Toss 6:30 Movie & Snacks	9:30 Musical Movement 20 10:00 Brain Games 10:45 Hand Massages 1:00 Christmas Word Puzzles 2:30 News Flash & Snack 3:00 Christmas Hymn Sing 3:15 Christmas Bingo 4:00 Short Stories 6:00 Ring Toss 7:15 Vikings @ Bears	9:30 Balloon Volleyball 21 10:00 Drumming Circle 10:45 Price is Right Game 1:00 Finish the Phrase 2:30 News Flash & Snack 3:15 Gingerbread Dice Game 4:00 Christmas Coloring 6:00 Bean Bag Toss 6:30 Movie & Snacks Winter Begins	9:30 Chair Exercise 22 10:00 Brain Games 10:45 Christmas Carols 1:00 Devotions with Chaplain 2:30 Drive in Movie: Christmas Movie Showing (Big Activity Room) 6:00 Balloon Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 23 10:00 Christmas Reminiscing 10:45 Manicures 1:00 Christmas Parade (AL) 2:30 News Flash & Snack 3:15 Indoor Bowling 4:00 Gingerbread Dice Game 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Musical Movement 24 10:00 Brain Games 10:45 Freshen Up Friday 1:00 Bean Bag Toss 2:30 Baking Club 3:15 Hot Cocoa & Treats 4:00 Bingo 6:00 Indoor Horseshoes 6:30 Movie & Snacks	10:00 Sit N' Stretch 25 11:00 Hand Massages 1:00 Card Club 2:30 News Flash & Snack 3:00 One to Ones 6:00 Balloon Volleyball 7:00 Movie & Snacks Christmas
10:00 Sit N' Stretch 26 11:00 Church on Channel 90 12:00 Vikings vs Rams 1:00 Puzzle Packet 2:30 News Flash & Snack 3:00 Card Game 6:00 Tennis Ball Toss 6:30 Movie & Snacks Kwanzaa Begins	9:30 Musical Movement 27 10:00 Brain Games 10:45 Hand Massages 1:00 Christmas Word Puzzles 2:30 News Flash & Snack 3:00 Christmas Hymn Sing 3:15 Christmas Bingo 4:00 Short Stories 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 28 10:00 Drumming Circle 10:45 Price is Right Game 1:00 Finish the Phrase 2:30 News Flash & Snack 3:15 Gingerbread Dice Game 4:00 Christmas Coloring 6:00 Bean Bag Toss 6:30 Movie & Snacks	9:30 Chair Exercise 29 10:00 Brain Games 10:45 Christmas Carols 1:00 Devotions with Chaplain 2:30 News Flash & Snack 3:15 Table Games 4:00 Short Stories 6:00 Balloon Toss 6:30 Movie & Snacks	9:30 Balloon Volleyball 30 10:00 Christmas Reminiscing 10:45 Manicures 1:00 Thursday Trivia 2:30 News Flash & Snack 3:15 Indoor Bowling 4:00 Gingerbread Dice Game 6:00 Ring Toss 6:30 Movie & Snacks	9:30 Musical Movement 31 10:00 Brain Games 10:45 Freshen Up Friday 1:00 Bean Bag Toss 2:30 Baking Club 3:15 Hot Cocoa & Treats 4:00 Bingo 6:00 Indoor Horseshoes 6:30 Movie & Snacks New Year's Eve	

Activities Subject to Change

Chapel Streaming on Chanel 90