

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2026

See the whiteboard outside the Activity Room to sign up for outings and for up-to-date changes!

9:30 Cardio Drumming & Daily Chronicle **1**  
**10:15 Jeopardy**  
 1:30 UNO!  
**2:30 BINGO**  
 4:00 One to One Visits



New Year's Day

9:30 Balloon Volleyball & Daily Chronicle **2**  
**10:15 Rummikub**  
 1:30 Senior Fitness  
**2:15 Hygge Game**  
 3:15 One to One Visits

9:30 Moving to Music & Daily Chronicle **3**  
**10:15 Wheel of Fortune**  
**11:00 Resident Choice Card Game**  
 1:30 BINGO  
 3:30 One to One Visits

9:30 Moving to Music & Daily Chronicle **4**  
 10:15 Guess the Word  
**11:00 Church Service ©**  
 1:30 Martinetti Dice Game  
 3:00 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **5**  
 10:15 Dice Baseball  
 11:15 Bible Study  
 1:30 Senior Fitness  
**2:30 Live Music with Tim Patrick (Classic Oldies) ©**  
 4:15 Cardio Drumming

9:30 Chair Exercise & Daily Chronicle **6**  
**10:15 Winter Door Craft**  
 1:00 Manicures  
 3:15 Card Bingo  
 4:15 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **7**  
**10:15 Watch Party: "A Man on the Inside" Episode**  
 11:00 Catholic Rosary ©  
**1:00 Outing to Walmart (Sign-Up Required!)**

9:30 Cardio Drumming & Daily Chronicle **8**  
**10:15 Elvis Music Trivia!**  
**11:00 Memorial Service ©**  
 1:00 One to One Visits  
**2:30 Fika & Flowers (Sign Up Required!)**  
 Happy Birthday, Elvis!

9:30 Balloon Volleyball & Daily Chronicle **9**  
**10:15 Phase 10!**  
 1:30 Senior Fitness  
**2:00 Dog Visits with Lucy (Room to Room)**  
**2:15 BINGO**  
 3:15 One to One Visits

9:30 Moving to Music & Daily Chronicle **10**  
**10:15 Yahtzee**  
 1:30 BINGO  
 3:30 One to One Visits

9:30 Moving to Music & Daily Chronicle **11**  
 10:15 Guess the Word  
**11:00 Church Service ©**  
 1:30 Resident Choice Table Games  
 3:00 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **12**  
 10:15 Dice Baseball  
 11:15 Bible Study  
 1:30 Senior Fitness  
 2:15 One to One Visits  
**3:15 Flip 7 Card Game**  
 4:15 Cardio Drumming

9:30 Chair Exercise & Daily Chronicle **13**  
 10:15 Manicures  
**1:30 From Paul Bunyan to Pajamas: Plaid, The Pattern of Minnesota Life ©**  
 3:15 Card Bingo  
 4:15 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **14**  
**10:15 Watch Party: "A Man on the Inside" Episode 2**  
 11:00 Catholic Mass ©  
**1:30 Live Music with Mary Hall (Toe Tappin' Boogie) ©**  
 2:30 One to One Visits  
 4:00 Senior Fitness

9:30 Cardio Drumming & Daily Chronicle **15**  
 10:15 **Dominoes**  
 11:00 Church Service ©  
 1:00 One to One Visits  
**2:30 Shut the Box Dice Game**  
 4:00 BINGO

9:30 Balloon Volleyball & Daily Chronicle **16**  
**10:15 Skip-Bo!**  
 1:30 Senior Fitness  
**2:15 Phase 10!**  
 3:15 One to One Visits

9:30 Moving to Music & Daily Chronicle **17**  
**10:15 "I Should Have Known That" Trivia Game**  
 1:30 BINGO  
 3:30 One to One Visits

9:30 Moving to Music & Daily Chronicle **18**  
 10:15 Guess the Word  
**11:00 Church Service ©**  
 1:30 Yahtzee!  
 3:00 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **19**  
 10:15 Dice Baseball  
 1:30 Senior Fitness  
 2:15 One to One Visits  
**4:00 Kings Corner**

Martin Luther King Jr. Day

9:30 Chair Exercise & Daily Chronicle **20**  
**10:15 Winter Snowflake Craft**  
 1:00 Manicures  
 3:15 Card BINGO  
 4:15 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **21**  
**10:15 Brain Games: Phaze Frenzy**  
 11:00 Catholic Rosary ©  
 1:30 Senior Fitness  
 2:30 One to One Visits  
**3:30 Watch Party: "A Man on the Inside" Episode 3**

9:30 Cardio Drumming & Daily Chronicle **22**  
 10:15 **January Jeopardy**  
 11:00 Church Service ©  
 1:00 One to One Visits  
**2:30 UNO Golf**  
 4:00 BINGO

9:30 Balloon Volleyball & Daily Chronicle **23**  
**10:15 Baking Group: Pie**  
**11:00 Dog Visits with Lucy (Room to Room)**  
 1:30 Senior Fitness  
**2:15 Pie Social**  
 3:15 One to One Visits  
**National Pie Day**

9:30 Moving to Music & Daily Chronicle **24**  
**10:15 Wheel of Fortune**  
**11:00 Ship, Captain, Crew Dice Game**  
 1:30 BINGO  
 3:30 One to One Visits

9:30 Moving to Music & Daily Chronicle **25**  
 10:15 Guess the Word  
**11:00 Church Service ©**  
 1:30 Yahtzee  
 3:00 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **26**  
 10:15 Dice Baseball  
 11:15 Bible Study  
 1:30 Senior Fitness  
 2:15 One to One Visits  
**3:15 Greg Smith: Creating a Railroad (Movie Theater)**  
 4:15 Cardio Drumming

Australia Day (Observed)

9:30 Chair Exercise & Daily Chronicle **27**  
**10:30 All Campus Hymn Sing ©**  
**12:00 Lunch Outing (Sign-Up Required!)**  
 3:15 Card Bingo  
 4:15 One to One Visits

9:30 Balloon Volleyball & Daily Chronicle **28**  
**10:15 Watch Party: "A Man on the Inside" Episode 4**  
 11:00 Catholic Mass ©  
 1:30 Senior Fitness  
 2:30 One to One Visits  
**3:30 January Resident Council**

9:30 Cardio Drumming & Daily Chronicle **29**  
**10:15 Martinetti Dice Game**  
 11:00 Church Service ©  
 1:00 One to One Visits  
**2:30 BINGO Store**  
 4:00 BINGO

9:30 Balloon Volleyball & Daily Chronicle **30**  
**10:15 Skip-Bo!**  
 1:30 Senior Fitness  
**2:15 Birthday Bash!**  
 3:15 One to One Visits

9:30 Moving to Music & Daily Chronicle **31**  
**10:15 UNO!**  
**11:00 Brain Games**  
 1:30 BINGO  
 3:30 One to One Visits

All activities are held in the activity room unless otherwise noted, © = Chapel