

RESIDENTS ENJOY THE HOLIDAY IN DECEMBER

December saw a full calendar of activities that included outings, singalongs, holiday floral arranging, cookie decorating, a Christmas Eve service, and engaging entertainment: Doug Ohman, CODA, carolers from the community, and Philip Westfall—the one-man band musician!

Of course, one of the biggest highlights of the month was our Christmas Party for Assisted Living + Independent Living residents, that included singing, holiday treats, balloon art, and Christmas gifts for each resident delivered by Santa Claus himself!

Memory Care residents also enjoyed a delicious and entertaining “Fireside Christmas Party,” organized by Memory Care Activities Coordinator, Eunice Oyewole. Enjoy these glimpses of our fun month of December!



HAVEN HOMES HEARTBEAT

A monthly newsletter for Senior Housing residents at Haven Homes



If you missed our first Puzzle Palooza in November, check it out this month!

Come enjoy the snacks, beverages, and puzzling with fellow residents! **We will have 100-piece and 300 piece puzzles available.**

This month's Puzzle Palooza is on **Sunday, January 25 3:00pm | Activities Room**



Friday, January 9

2:00pm | Activities Room

Bagpipes, castles, whiskey, and weather that builds character—come for an entertaining presentation on Scotland; stay because your hair is permanently windblown!



CONVERSATION WITH CHRIS
Chris Orr, Senior Housing Director

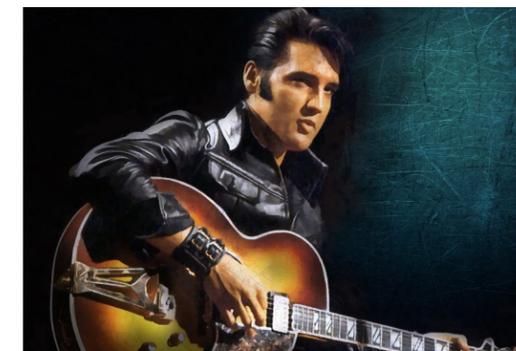
Happy New Year! As we turn the page on 2025 and step into the fresh promise of 2026, I extend my warmest greetings to our Haven Homes residents. It's hard to believe another year has flown by, filled with laughter, friendships, and special moments that make our community feel like home.

Looking back on 2025, I'm filled with gratitude for the spirit you've all shown from holiday celebrations to heartfelt conversations at our floor gatherings & meetings. We've welcomed new faces, supported one another through challenges, and celebrated many milestones. Your enthusiasm for life inspires our team, and it's our privilege to be part of this vibrant family.

Our staff is committed to ensuring your comfort, health, and happiness remain our top priorities. If there is anything we can do to make your experience here at Haven Homes even better, please do not hesitate to reach out to me. Here's to a year ahead filled with joy, good health, and meaningful connections. May 2026 bring you peace, laughter, and all the little pleasures that make life so sweet.

- Chris

EVENT SPOTLIGHT



Elvis Extravaganza

Thursday, January 8
2:45pm | Activities Room

Stick around after Thursday Bingo to celebrate **Elvis Presley's birthday** with fellow residents at this fun afternoon activity that will include facts, trivia, and of course—MUSIC!

Did Elvis have siblings?

What branch of the military did Elvis serve in?

Finish this Elvis song title: "Can't Help _____"

If any of these questions stumped you, join us at this event on Thursday, January 8!

Haven Homes Heartbeat is a monthly newsletter for Assisted Living, Independent Living, & Memory Care residents of Haven Homes
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CHAPLAIN'S CORNER

Greg Loomis, Chaplain



Help me welcome our new Chaplain Intern, **John Peterson**. He currently serves as an LPN at our sister facility, Open Circle, in Minneapolis.

He will serve here every Monday and Thursday afternoons, from 12:00pm to 5:00pm. He starts on Monday, January 5 and finishes in June. You will see John around, involved in the spiritual group gatherings and one-on-one conversations. Please make him feel at home here!



MOVIE NIGHTS WITH CHRIS

Don't miss these movies on Wednesday nights in January at **6:00pm** in the **Movie Theatre**:

Wednesday, January 7 | "Miracle"

Wednesday, January 14 | "Hello, Dolly"

Wednesday, January 21 | "Hidden Figures"

Wednesday, January 28 | "9 to 5"



A MEMORY CARE MOMENT

At our Haven Homes Memory Care Community, meaningful activities meet fun, love, togetherness, and lots of laughter! We are blessed to have a great team working together to enrich the lives of our residents! Music, crafts, games, staying active, and giving back to our community is one of our superpowers! An example of this are homemade cards our residents created and delivered to local first responders this fall (see left)!

NOTABLE JANUARY EVENTS

- Jan. 5** **Tim Patrick Performance**
Singer, Well-Known Hits
2:30pm | Chapel
- Jan. 13** **Plaid: Pattern of Minnesota Life**
Presentation by Scott Nelson
1:30pm | Chapel
- Jan. 14** **Mary Hall Performance**
Singer/Guitar, "Toe-Tappin' Boogie"
1:30pm | Chapel
- Jan. 19** **MLK Day Presentation**
3:00pm | Chapel
- Jan. 20** **Ordering Groceries Online**
Presentation by Mel Huppert
3:00pm | Activities Room
- Jan. 25** **Puzzle Palooza**
3:00pm | Activities Room
- Jan. 26** **Narrow Gauge Railroad**
Presentation with Greg Smith
3:00pm | Movie Theatre
- Jan. 30** **Senior Housing Happy Hour**
3:30pm | Activities Room

JANUARY BIRTHDAYS

- 01** **Diana B.**
- 16** **Miki B.**
- 17** **Margaret W.**
- 28** **Beverly C.**
- 30** **Jim V.**

CHECK-UP WITH ERIN

Erin Kramer, Director of Health Services



Health is not only resolutions to diet and work out. Taking care of your health can be thinking about your oral health, hygiene habits, and hand washing. The new year gives us new opportunities to get back to old routines. Consider buying a new toothbrush & toothpaste if brushing is not a daily habit. How about personal hygiene habits like taking showers or washing your hands? We can provide help for safety with showers. And washing your hands is the most effective method of prevention from contagious diseases and illnesses.

Healing encompasses physical healing, but also emotional & spiritual healing. Forgiveness is powerful and can free you from years of anguish and brokenness. Consider praying about healing and ask God for areas in your life that hold past traumas and pain. Chaplain Greg is available to talk about anything you want. We also have resources with Associated Clinic of Psychology for professional therapy and counseling right here at Haven Homes.

Happiness is easy to find at Haven Homes. Do you like to read, work on puzzles, chat with friends, go out to eat, shop, craft, bake, work out? If you like to be by yourself, part of small groups, or large social events, we have it covered. Hang up your Activity Calendars, read about the daily events, ask your friends to join you, and give something new a try! Even during the winter months, we have so many ways to find joy and belonging each day.

IN LOVING MEMORY

Join us in remembering and honoring these friends and fellow residents who have recently passed away:

- Terry Hughes**
- Joann Hall**
- Lou Beasley**
- Gary Giada**
- Peter Archibald**