

SENIOR SPOTLIGHT

Joanne Wintroath, Program Coordinator



We are delighted to shine the spotlight on **Mary Tuthill**, a wonderful member of the Haven Homes family. Originally from McIntyre, Iowa, Mary has built a life full of adventure, family, and meaningful connections. She is the proud mother of three

children and grandmother to four grandchildren, who continue to bring her great joy.

Mary and her husband, Dick, shared a love of travel and spent years exploring the country as avid RVers, visiting nearly every U.S. state. Along the way, they created cherished memories,

including a beloved family tradition of Christmas Eve fondue parties.

Known for her warm and welcoming personality, Mary enjoys visiting with fellow residents and brightening their days. She also shares her talents as our very own resident nail technician—a skill she perfected while once doing manicures for Rev. Billy Graham!

Mary has lived in Iowa, Minnesota, Colorado, and Florida, and she loves listening to country and bluegrass music. She even has an unforgettable story involving Clayton Moore—yes, the Lone Ranger—who once came to her rescue during an attempted robbery!

We are so grateful to have Mary's kindness, stories, and spirit as part of our community!



CINCO DE MAYO SOCIAL

Tuesday, May 5 | 1:30pm
Movie Theatre

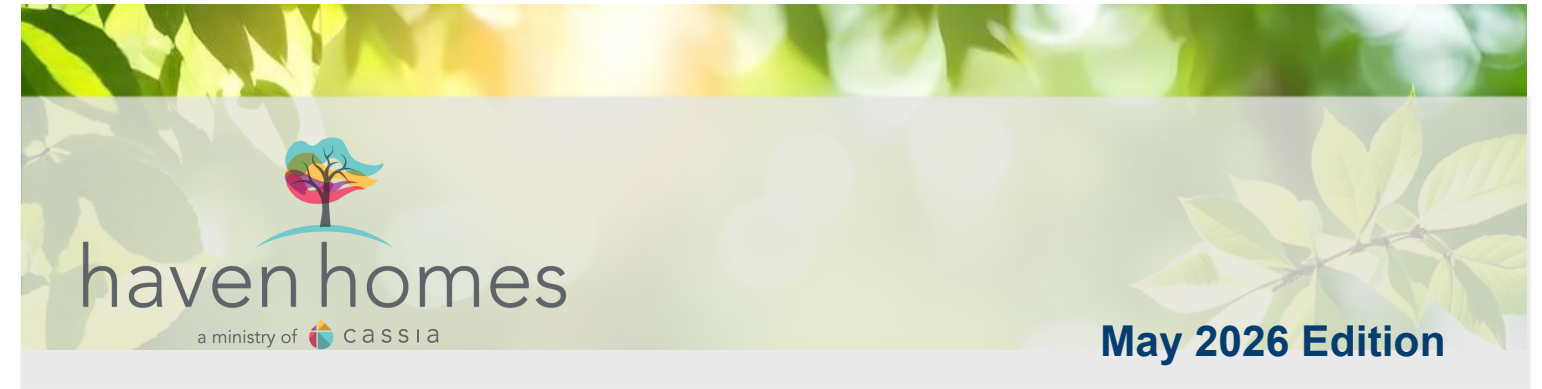
Celebrate Cinco de Mayo with friends, festive music, and refreshing, non-alcoholic margaritas. Enjoy lively conversation, light bites, and a cheerful afternoon designed just for you!

LEAVING A CLEAR PATH



Monday, May 18 | 3:00pm | Chapel

Preparing your personal and financial information is one of the most meaningful gifts you can leave for your loved ones. Join us for an empowering and informative session designed to help you organize important medical information, electronic documents, passwords, and financial details to ensure your family can navigate your affairs with ease.



HAVEN HOMES HEARTBEAT

A monthly newsletter for Senior Housing residents at Haven Homes

SENIOR HOUSING MOTHER'S DAY SOCIAL



Friday, May 8 | 2:30pm
Haven Homes Chapel

Residents in Memory Care, Assisted, and Independent Living are invited to a special afternoon celebrating mothers, mentors, and women who mothered in spirit!

Light treats, finger foods, and beverages will be served, and attendees will enjoy live music and a short presentation honoring the female residents at Haven Homes!

Space is limited, so be sure to reserve your spots soon at the Information Center!



CONVERSATION WITH CHRIS Chris Orr, Senior Housing Director

As we welcome the month of May, we're greeted by longer days, warmer weather, and a renewed sense of energy throughout our Haven Homes community. This time of year brings fresh opportunities to connect, enjoy the outdoors, and participate in meaningful activities together.

Seasonal transitions are a great time to review personal wellness routines. Stay hydrated, take advantage of outdoor time safely, and don't hesitate to reach out to staff for any questions that you may have.

May will be a fun-filled month here at Haven Homes as we celebrate **National Nurses Day**, **Mother's Day** and we have a great **Haven Homes Senior Living Week** celebration planned for the week of May 10-16.

I want to thank our residents, families, volunteers and our dedicated staff for your continued involvement, kindness, and community spirit. It's your engagement that makes this such a special place to live and to work.

As always, my door is open. Please feel free to stop by with any questions, suggestions, or just to say hello.

- Chris

Haven Homes Heartbeat is a monthly newsletter for Assisted Living, Independent Living, & Memory Care residents of Haven Homes
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MEMORY CARE MOMENT

Eunice Oyewole, Program Coordinator



Now that spring has sprung, our residents in the Memory Care neighborhood have much to look forward to, including:

- **Cinco de Mayo Fiesta | May 5**
- **Mother's Day Social | May 8**
- **Cello Performance in MC | May 11**
- **Outdoor Bike Rides | May 14 + 21**
- **Ladies Tea Party | May 15**
- **Outdoor Planting Party | May 18**
- **Baking Club/Birthday Bash | May 22**

Our outings in May include a lunch + matinee show at **Sidekick Theatre in Bloomington on May 6**, along with a delicious lunch outing to **Edie Mae's Eatery in Delano on May 20!**

Finally, we couldn't help but share this **PRECIOUS MOMENT** of **Miss Betty** using her creativity and joy of art to help prepare neighborhood decorations for Mother's Day! Next time you stop by, look for Betty's handiwork in our MC Activities Area, brightening the space!



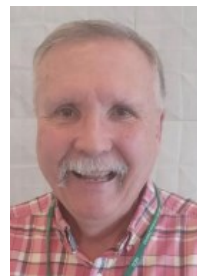
HAVEN HOMES WEEK

We hope you'll help us celebrate this special place to call home **and the staff and teams who serve** with compassion and excellence!

During the week of **May 10-16**, look for special afternoon treats for staff and residents, an all-campus movie matinee, and a fun "pet parade" at the end of the week! Details will be posted!

CHAPLAIN'S CORNER

Greg Loomis, Chaplain



Happy Mother's Day. It is always the second Sunday in May. This year it is Sunday, May 10. Here in America, it became an official holiday in May 1914. But the idea of celebrating mothers goes back a lot further.

God values mothers too. 245 times mothers are mentioned in the Bible. The fifth of the Ten Commandments is "*Honor your father and mother*" [Exodus 20:12].

How can we honor our mother [and grandmother]? If your mother is still living, tell her how much you love her and respect her. Thank her for who she is, and for how she has shaped your life. And if she is gone, thank God for who she was in your life. Live your life in such a way that honors your mother.

Haven Homes is full of them—mothers who live here, mothers who work here. This Mother's Day, may we all take time to celebrate the mothers in our lives, whether biological, adoptive, foster, step, or spiritual. Happy Mother's Day!

MOVIE NIGHTS WITH CHRIS

Don't miss these movies on Wednesday nights in May at **6:00pm in the Movie Theatre:**

Wednesday, May 6
"Secretariat"

Wednesday, May 20
"A Beautiful Day in the Neighborhood"

Wednesday, May 13
"The Legend of Bagger Vance"

Wednesday, May 27
"Apollo 13"

NOTABLE AL/IL MAY EVENTS

- May 5** **Cinco de Mayo Social**
1:30pm | Movie Theatre
- May 8** **Mother's Day Social**
2:30pm | Chapel
- May 11** **Michael Gruber Performance**
3:00pm | Chapel
- May 12** **Outing: Thrifting + Lunch**
10:15am | Depart from Lobby
- May 15** **All-Campus Pet Parade**
1:30pm | Chapel
- May 16** **Young Artist Concert**
1:00pm | Chapel
- May 19** **Snacks + Sunshine Social**
2:30pm | Dining Room Patio
- May 23** **Piano Recital by Students of Matt**
3:00pm | Chapel
- May 26** **Outing: Lunch at Ox Yoke Inn**
10:45pm | Depart from Lobby

MAY BIRTHDAYS

06	Judy Hoogland	26	Doug Tift
10	Deb Conzet	27	Libby Wilkes
12	Marcy Shaffer	30	Adrienne
22	Gary Barkley		Morrison
23	Kathy Stein		
24	Charlotte Mattis		

CHECK-UP WITH ERIN

Erin Kramer, Director of Health Services



As flowers bloom and days grow longer, it's also a time to celebrate the important women who have shaped our lives. **Mother's Day** offers a special opportunity for us to reflect, connect, and honor the love, legacy, and connection from our mothers.

Mother's Day is more than a single day; it is a celebration of a lifetime of care, love, and devotion. For many seniors, this holiday brings cherished memories of raising families, creating traditions, making memories, and nurturing our connections.

Ideas for sharing love and laughter:

- Reminisce and laugh about stories or memories together.
- Create a scrapbook or memory board
- Watch home videos or look through photo albums

Mother's Day is also a wonderful time for reflection. Seniors have a lifetime of experiences, lessons, and values worth sharing. One of my favorite sayings is that we would live life differently if we lived it backwards. Imagine how much grace and patience we would have given our mothers if we already knew what it was like to raise kids?!! Ways to honor our legacy:

- Record family stories or life advice for future generations
- Write letters to children or grandchildren
- Participate in group storytelling activities

While Mother's Day is joyful for many, it **can also bring mixed emotions**, especially for those who have lost loved ones, are far from family, or had hopes that never happened or turned out differently than expected. Helpful reminders:

- It's okay to feel a range of emotions
- Connect with friends or community members
- Focus on gratitude and meaningful memories
- Even a phone call, handwritten note, or visit can brighten the day